

Orange Soda with Prebiotic Benefits

Featured Ingredient: Tagatose



Orange Soda Formula

Serving size: 12 fl. oz.

Ingredients	%
Orange juice	21.7
Tagatose	3.0
Citric acid	0.3
Sparkling water	75
Orange flavor (optional)	as desired
Total	100

Method

1. Mix Tagatose, citric acid and orange flavor with the orange juice.
2. Add sparkling water to the mixture.

Benefits of Using Tagatose in Soda

- Lower calories compared to sucrose.
- Provides similar sweetness to sucrose.
- Tagatose streamlines labeling as a dual-purpose ingredient: it sweetens and delivers prebiotic benefits.

Tagatose Overview

Tagatose is a rare sugar which tastes and performs like sucrose. It is 90% as sweet as sucrose with 60% fewer calories. With a low glycemic index of 3, Tagatose is Ketogenic Certified and does not raise blood glucose levels when consumed on its own. In addition, it does not promote tooth decay and has been shown to have prebiotic effects.



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